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EUGENE CITY COUNCIL NEWSLETTER January 2, 2014

IN THIS EDITION

SAVE THE DATE: 2014 STATE OF THE CITY ADDRESS – JANUARY 8, 2014, 5:30 P.M.
EXPLORE YOUR FAMILY TREE AT EUGENE PUBLIC LIBRARY
SECRET TO KEEPING NEW YEAR'S RESOLUTIONS REVEALED

AROUND THE CITY

Save the Date: 2014 State of the City Address – January 8, 2014, 5:30 p.m.

Mayor Kitty Piercy will deliver her 2014 State of the City Address on Wednesday, January 8, 2014, at 5:30 p.m., in the lobby of the Hult Center for the Performing Arts. Mayor Piercy will highlight key accomplishments of the City of Eugene in 2013 and outline goals for the City for the coming year. Entertainment will include musical selections from the Sheldon High School [Dublinares](#).

The event will feature two community awards recognizing individuals and organizations whose work in 2013 has furthered the Mayor and City Council's goals along with City of Eugene staff recognitions.



Along with the annual awards the three finalists for the [Bold Steps Award](#) will be present and the winning recipient will be announced during the event.

Recognizing the need in our community for food assistance programs, Food for Lane County will be providing collection barrels and attendees are encouraged to bring non-perishable food items for donation at the event.

The event is wheelchair accessible and will be interpreted for the hearing-impaired. Employees who are scheduled to work at this time and who wish to attend must receive their supervisor's approval.

For more information please contact [Beth Forrest](#) at 541.682.5882.

Explore Your Family Tree at Eugene Public Library



Do-it-yourself genealogy has become widespread since online tools and records made the process far easier, more affordable, and more successful. Eugene Public Library offers free access to Ancestry.com and HeritageQuest, saving community members the expense of purchasing individual subscriptions. The Library also offers free classes to help people make the most of these and other valuable resources.

This January, following up on popular beginners' classes, Eugene Public Library will offer "Genealogy: Next Steps" at all locations. Classes will be held on Thursday, January 9, 1:30 p.m., at the Downtown Eugene Public Library; Tuesday, January 21, 6:00 p.m., at the Bethel Branch; and Tuesday, January 28, 6:00 p.m., at the Sheldon Branch.

Topics will include in-depth Internet searching, how to organize information and keep track of sources, and the benefits of connecting with the genealogy community online. For more information, contact Eugene Public Library at 541-682-5450 or www.eugene-or.gov/library.

Secret to Keeping New Year's Resolutions Revealed

In the January edition of its monthly newsletter, Rec eNews, Recreation reveals the secrets to keeping New Year's resolutions:

1. Choose a concrete, achievable goal.
2. Make a plan for exactly how to change behaviors.
3. Visualize success and encourage yourself along the way.
4. Get a partner – whether that's someone to share progress with or to be active with, a professional trainer, or even an exercise class (such as one of the many offered in Recreation's [Adult Health & Fitness section](#) of the Recreation Guide), including the Aquatics program's Commit to Fit contest.

Here's how the contest works: pick up a Commit to Fit punch card at Echo Hollow or Sheldon Pool & Fitness Center (they're free). Swim or work out for at least 30 minutes at either pool during January and receive a punch on a punch card. After getting five punches, the card can be entered in a drawing at the end of the month for several prizes including a monthly swim pass (a \$41 value).



For more information, contact Aquatics Section Manager Rich Fay, 541-682-5525.